



Comprehensive Care, On Site

In today's environment, access to acute care, preventative consultations and occupational health appointments are vital to our collective wellbeing. With H4D's free-standing medical Consult Station, your employees and the people you serve benefit from comprehensive care at any time – no travel necessary. The Consult Station is the next generation of teleconsultation, offering both guided self-checkups and real-time physician video appointments.

With the Consult Station, care is available to us wherever we live, work, learn and play. This healthcare solution offers quick, complete and convenient consultations that save time and encourage preventative action. Together with our partner, H4D and Sodexo help employers ensure no one goes without care for lack of access to medical resources.



Acute Care



Prevention



Occupational Health

97.9% say that H4D contributed to better use of their work schedule

99% were satisfied with the care they received at the H4D Consult Station





100% of patients
would use the Consult Station again
www.sodexo.com/rise

Certified Care, Delivered Immediately

The Consult Station connects patients and physicians through comprehensive and scalable medical programs that elevate wellness and peace of mind. With an array of clinical devices and sensors, your employees and visitors can run a battery of health tests, either in a care provider teleconsultation or with a guided self-checkup.

Available for Teleconsultation & Self-checkups

- | | |
|---------------------|-----------------------|
| Blood Pressure | Visual Analogue Scale |
| Heart Rate | (*) Visual Tests |
| Blood Oxygen Level | (*) Audio Tests |
| Height, Weight, BMI | (*) Fundus |
| Temperature | (*) Glucometer |

Available Only During Teleconsultations

- | | |
|----------------|-------------|
| Stethoscope | Skin Camera |
| Otoscope (ENT) | (*) EKG |

Acute Care Services

- Access to General Practitioner consultations
- Complete and convenient access to care when employees are facing acute conditions

Preventative Care

- Access to preventive consultations for sleep disorders, nutrition, physical activity, addictions and more
- Helping employees stay healthy by changing their behavior

Specialised Physician and Telemedicine Network Support

- H4D's proprietary physician training and certification program allows both health system and telemedicine provider networks to provide care in a consistent, replicable manner
- Our system is built on proprietary software capable of seamless interoperability with third-party EMRs and outside care providers

Interested in speaking with an expert about services and solutions for your organisation? Find your local Sodexo's team: <https://www.sodexo.com/our-locations.html>

contact us online

Solutions to start and stay strong



PREPARE
Site and employee restart



PROTECT
Enhanced cleaning, temperature monitoring and contactless provision of services



ENABLE
Nutritious to-go/prepared meals, food cards and digital services



SUPPORT
Onsite health checks and wellness services



OPTIMIZE
Physical distancing, space management/planning and efficiency services

