Open-up...

...to our ability to talk about disability.

Disability is not always easy to discuss, but you'd be surprised by the facts. It costs little to accommodate financially, encourages innovation and creates more supportive and happier teams. It's just the ability to talk about it that we're missing.

Here are six fun and easy things designed to inspire conversation and help us think about the little things we can all do to improve the Quality of Life of people with disabilities.

