

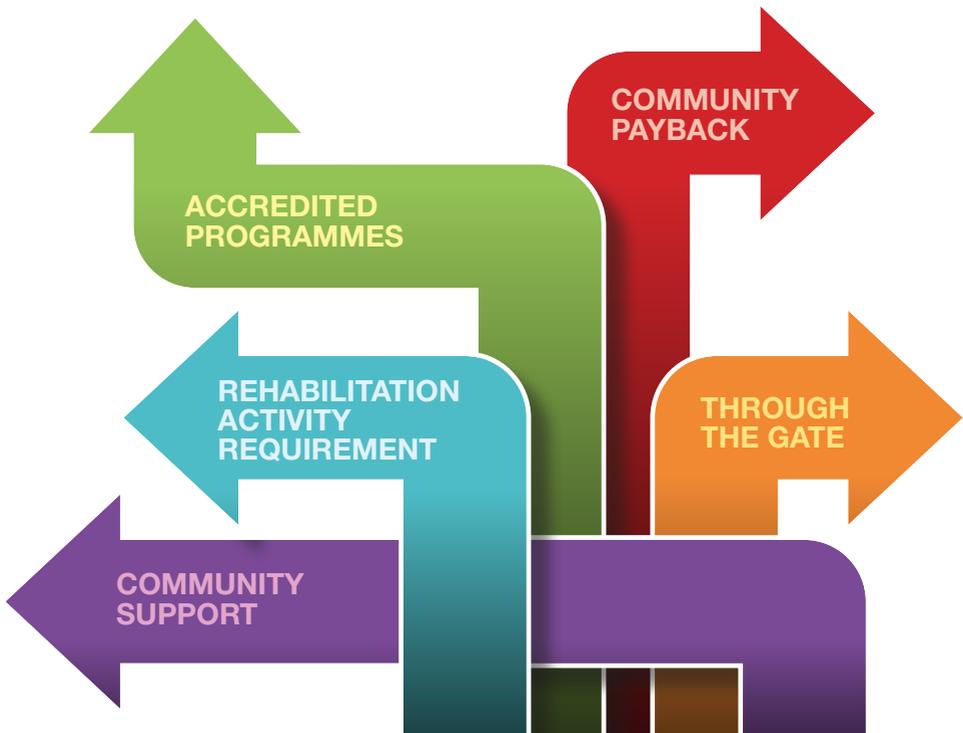
Bedfordshire
Northamptonshire
Cambridgeshire
& Hertfordshire

Community Rehabilitation Company



Rate Card: Rehabilitation Services

Valid from April 2019



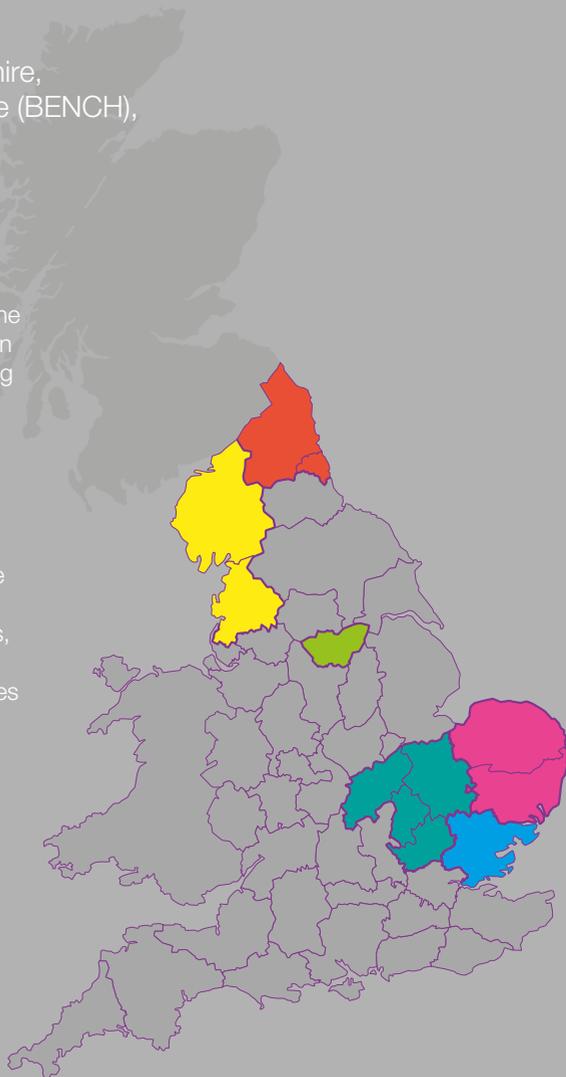
INTRODUCTION

As part of the Government's Transforming Rehabilitation programme Sodexo, in partnership with Nacro, were awarded ownership of six Community Rehabilitation Companies (CRCs):

- Cumbria and Lancashire
- Bedfordshire, Northamptonshire, Cambridgeshire, Hertfordshire (BENCH),
- Essex
- Norfolk and Suffolk
- Northumbria
- South Yorkshire.

The introduction of the Rate Card is one of the many new elements of Probation Service delivery under the Transforming Rehabilitation programme.

Our purpose is and has always been to protect the public by delivering effective offender management and rehabilitation services. Our vision is to 'create a positive future' for the people we work with such as service users, victims and their families, communities, our partners and our employees. We do this by managing risk, changing lives and improving communities.



ABOUT BeNCH CRC



Our hub model acts as a 'nerve centre,' providing umbrella administrative support, head office and case management functions.

- Hub
- Local Management Centre (LMC)
- Neighbourhood Centre (NC)

Resettlement Prisons:

- 1 HMP Peterborough
- 2 HMP Bedford
- 3 HMP The Mount
- 4 HMP Woodhill

This streamlined approach supports operations and enables practitioners to spend more time directly working with the service users under their supervision.

For all Rate Card interventions, the hub acts as the first point of contact for queries, referral and acceptance and onward transfer of NSIs. Our hub monitoring and compliance team also track the delivery of interventions purchased by the NPS and out of area CRCs. The dedicated referral and query email inbox for BeNCH is: **bench.esnotifications@probation.sodexogov.co.uk**

OUR APPROACH

We review our Rate Card on a regular basis to ensure the offer meets the needs of our service user population and in advance of each review; we will continue to involve our NPS and out of area CRC colleagues to ensure customer feedback is incorporated.

Services are measured using assigned standards and/or key performance indicators. Accredited programmes follow the Correctional Services Accreditation Panel guidance and audit criteria which assure the accreditation framework is achieved, whilst unpaid work also follows the MOJ guidelines and also undergoes regular review to ensure placements meet the needs of our service users.

Our Rehabilitation Activity Requirement (RAR) services (Discretionary Services in this brochure) have been designed based on desistance principles which allow the service user to understand their strengths and develop an awareness of obstacles. We have a range of activities available which include for example, behaviour change courses and one to one support aimed at securing positive outcomes for accommodation.

In understanding the unit cost of services, as outlined in the brochure, it is important to recognise that the price is inclusive of ancillary costs incurred outside of direct delivery to service users including consumables, facilities, resources, staffing, logistics and administration.

To enable a swift escalation route for queries or issues there is a single point of contact allocated within BeNCH CRC. In addition to this if you have any feedback or would like to make a request for information regarding any aspect of our brochure please use the dedicated email box as given on page 23.

Our Operational Partners

A key element of the Transforming Rehabilitation programme is to promote the use of voluntary and third sector organisations in the delivery of interventions for service users.

With this, Sodexo CRC's have commissioned a network of experienced organisations to deliver some of its services on its behalf. Largely drawn from third sector, operational partners were selected based upon their expertise, performance history and local knowledge. Partner delivery is measured and managed in the same way regardless of their intervention being delivered to a CRC or NPS retained person. Key performance indicators are attached to each of these services which allow the CRC to measure outcomes for service users and the quality of provision.

The CRC is responsible for the contract management and evaluation of our partner's activity. This will ensure we continue to meet the needs of offenders and maintain our effective relationships with prisons in providing successful resettlement services.

ABOUT THIS RATE CARD

This brochure contains information on each service that the CRC offers; this includes the geographical coverage, service highlights, cost and how to purchase. It outlines the universal Through the Gate offer available to all offenders and the 'fee for use' offer, namely services which are purchased by the NPS from the CRC.

The Rate Card is separated into the following parts:

About This Rate Card	p1
Through The Gate Service	
Universal Offer	p2
Part 1 Mandated Services	
Community Payback	p3
Accredited Programmes	p4
Part 2 Discretionary Services	
Accommodation	p6
ETE	p8
FBD	p9
Women's	p11
Families & Parenting	p12
Attitudes, Thinking & Behaviour / RAR	p15
Other	p16
Non-Statutory Intervention (NSI) Process	p23

NON-RESETTLEMENT PRISONS THROUGH THE GATE SERVICE

CRCs are contracted to provide Through the Gate (TTG) services in resettlement prisons to support prison leavers as they move from custody to community. CRCs are responsible for delivering these services to all service users (both CRC and NPS) who are in custody at a resettlement prison.

However, for the CRC to be able to provide this support in a non-resettlement prison, the service users Offender Manager (OM) must instruct the resettlement service using the NSI instructions outlined below.

Our TTG service introduces a tiered approach in the delivery of support. This enables us to address the resettlement needs of each person as well as providing tailored support for those who have more personal and complex needs.

Service Offer

At least 15 weeks before release, the offenders OM must notify the CRC (through the NSI structure below) of the planned release and from this, the CRC resettlement staff will meet with the prisoner to review their resettlement plan.

The CRC will agree with the offenders RO what resettlement activity is required. Work will then commence to provide the support they need in preparation for release back into the community. This support will include;

Assessment and Sign Posting. Review of resettlement plan, identification of ongoing need and signposting of support.

Resettlement Intervention. Support to address specific resettlement needs pre-release. Activity will reflect need, additional complexity and vulnerability and will fall under the following resettlement pathways;

1. Accommodation
2. Employment, Training and Education (disclosure advice & sustaining employment only)
3. Finance, Benefit and Debt
4. Personal, Relationships and Community
5. TTG Supporting Activity for vulnerable and chaotic groups
6. Extra Support for victims of domestic abuse and sexual exploitation.

After release support can continue whilst the offender is on licence or subject to post sentence supervision as this approach contributes to managing risk of harm and protecting victims by giving each person the best opportunity to live a crime-free life after leaving prison. More information about the CRCs community support offer can be found in this brochure.

If there are no non-resettlement prisons located within your area and a service user is being released from an out of area non-resettlement prison, services can be requested from the CRC so that support can continue post-release in the community.

As above, please use the NSI instructions below for resettlement services.

How to request this service

Non Statutory Intervention:
TTG Services BCH.

Non Statutory Intervention
Sub Type: NRP Resettlement Service.

Follow full process on page 23 of this brochure.

COMMUNITY PAYBACK

Community Payback is a “punishment” requirement available to the Court whereby the service user completes unpaid work activity for the benefit of their local community. Unpaid work is supervised by CRC staff, trained in Health and Safety and First Aid. Individual placements are often supervised by beneficiary staff with responsibility for supervising other staff at the placement. Initial assessment will determine the most appropriate placement in terms of meeting the needs of the service user. Typical placements include; conservation and environmental work; safer communities work; painting and decorating and charity support.

Duration

The Requirement is set in hours with a maximum being 300 hours. Community payback can be delivered in groups or through individual placements depending on individual assessment.

Service Highlights

- Up to 20% of the ordered hours can be used to pursue educational outcomes, as instructed by the responsible officer.
- Increased public confidence in the criminal justice system.
- Service users learn practical life skills to support reducing re-offending.
- Material benefit to communities through improved environments and increased public safety.

How to request this service

Unpaid work is not an NSI. The NPS RO need to transfer the requirement to the CRC as the provider. Further enquiries regarding the service or referral process should be made to the CRC referral email.

Follow full process on page 23 of this brochure.

ACCREDITED PROGRAMMES: THINKING SKILLS [TSP]

TSP is a nationally accredited group-work programme designed to reduce re-offending by helping participants to develop thinking skills so that they can manage their personal risk factors, develop their protective factors and achieve pro-social goals. Suitable for male and female offenders assessed at medium or high risk of offending, who have any offence (excluding sexual offences) TSP is not suitable for those with serious mental health problems, those who are unable to achieve learning as a result of other obstacles such as drug or alcohol dependency.

Duration

19 programme sessions divided into 3 modules. Each programme runs on a rolling basis with a max of 12 participants.

Service Highlights

- The intervention covers; goals and values; offence analysis; consequential thinking; emotional awareness; offence free relationships; communication and assertiveness; interpersonal problem solving and perspective taking.
- Post programme reports are shared with the participant and their Responsible Officer detailing their engagement, positive developments, areas for improvement and possible future objectives.

How to request this service

Where the Accredited Programme is court ordered, the requirement should be transferred to the CRC using the 'Request Transfer' option.

Follow full process on page 23 of this brochure.

ACCREDITED PROGRAMMES: BUILDING BETTER RELATIONSHIPS [BBR]

BBR is a nationally accredited group work programme designed to reduce re-offending and promote the safety of current and future partners and children. Suitable for medium or high risk males, those who do not have domestic violence as their index offence can also be referred on to the programme, though there needs to be a pattern of domestic abuse offending or a conviction within the last 2 years to meet all risk and need criteria.

Duration

The programme will consist of 30 sessions which are combination of group, individual, preparatory and review sessions.

Service Highlights

- Includes support and interventions provided for the partners/ex partners/ victims of domestic abuse via the CRC Partner Link Worker.
- Participants learn more about damaging behaviour, see how personal issues play a part in violence and develop skills to combat aggressive thinking and behaviour in future.
- Post programme reports are shared with the participant and their Responsible Officer detailing their engagement on the programme, positive developments, areas for improvement and possible future objectives.

How to request this service

Where the Accredited Programme is court ordered, the requirement should be transferred to the CRC using the 'Request Transfer' option.

Follow full process on page 23 of this brochure.

ACCOMMODATION SUPPORT

Available for all offenders who have an accommodation need in brokerage or retention, the service aims are to support in securing settled accommodation. Having safe and permanent accommodation can play a significant role in helping someone to stop re-offending, we also seek to address the areas which prevent someone from sustaining or moving onto secure accommodation long term. From the initial assessment the level of intensity will be agreed with the RO based on the area of needs identified. Delivered across all of BeNCH CRC in the community.

Service Highlights

- Support to identify and secure suitable accommodation in line with Homelessness Reduction Act 2017.
- Housing applications and associated processes.
- Advising on rent or mortgage arrears, possession action and repayment schemes.
- Advising on landlord issues to resolve disputes.
- Advising on rights and responsibilities.
- Referrals for Legal Assistance
- Improving a tenant's current housing situation.
- Support to maintain independent & healthy living.
- Support to access wider housing needs (charity, furniture, benefits etc).
- Activities will include a combination of face to face, telephone and advocacy support.

Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours

How to request this service

Non Statutory Intervention: ES - Accommodation BCH.

Non Statutory Intervention Sub Type:
Accommodation Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Accommodation Support Low / Medium / High Intensity.

Follow full process on page 23 of this brochure.

ACCOMMODATION – MAINTAINING TENANCY SHORT PROGRAMME

Available to all offenders this course offers practical information and advice helping participants understand what it means to be a 'good' tenant. The course is delivered in bite size modules and addresses; introduction to housing options and realistic planning, rights and responsibilities, housing application process and the costs associated with utilities and day to day living. The programme also helps participants learn to budget effectively in order to avoid eviction or reduction of existing debt. Delivered across Bedfordshire and Northamptonshire in the community. Availability subject to referral numbers in any one location.

Service Highlights

- Service users learn how to effectively retain their tenancy.
- Respond to day to day challenges of independent living.
- Manage budgets and avoid eviction or debt.
- Awareness of their rights & responsibilities.
- Awareness of the types of accommodation available to them.
- Completion certificate which can be presented to RSL and private landlords as supportive evidence when making onward housing applications.

Duration

1 x 2 hour session.

How to request this service

Non Statutory Intervention: ES - Accommodation BCH.

Non Statutory Intervention Sub Type: Community: Tenancy Short Programme.

Follow full process on page 23 of this brochure.

EMPLOYMENT, TRAINING AND EDUCATION SUPPORT

Available for all offenders who identify as having any ETE related need, we provide tailored support to help offenders find and sustain work, access training, and education and improve their career prospects. The service is designed to equip offenders with the necessary skills required when searching, applying and sustaining work or training e.g. communication, time keeping and confidence. From the initial assessment the level of intensity will be agreed with the RO based on the area of needs identified. Delivered across all of BeNCH CRC in the community.

Service Highlights

- Support to identify and secure employment (F/T, P/T, Self-Emp, Volunteering etc).
- Support to engage in learning and training.
- Access adult education, occupational training, apprenticeships and job training experiences.
- Sustain existing work or helping re-build their relationship with an employer.
- Have a better awareness with local labour market and access to employers.
- Develop their CV/ job search skills/ completion of applications/ interview techniques, disclosure support, etc.
- Specialist Referral and Brokerage (Employers, Learning Provision, Community organisations, JCP etc).
- Explore and broker alternative funding streams.
- Activities will include a combination of face to face, telephone and advocacy support.

Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours

How to request this service

Non Statutory Intervention: ES – E/T/E BCH.

Non Statutory Intervention Sub Type:
ETE Assessment and Action Planning.

Non Statutory Intervention Sub Type:
ETE Support Low / Medium / High Intensity.

Follow full process on page 23 of this brochure.

FINANCE, BENEFIT & DEBT SUPPORT

Available for all service users this service aims to develop the necessary skills needed to manage their own finances in a more effective way, looking to build financial resilience longer term. We identify areas of need and put a realistic plan in place to reduce any outstanding debt, drawing on specialist support where appropriate. From the initial assessment the level of intensity will be agreed with the RO based on the area of needs identified. Services are delivered in the community and can be used as part of RAR or licence activity however if requested support for those with more complex FBD needs can start pre-release during the final 12 weeks in custody.

Service Highlights

- Understand and claim the correct benefits.
- Develop a personal budget.
- Freeze any payment plans / mobile phone contracts.
- Support to gain a National Insurance number or ID documentation.
- Apply for a bank account / Credit Union account.
- Access more specialist services for bankruptcy.
- Access wider specialised support services.
- Identify priority and non-priority debts and arrangement of a Re-payment plan(s).
- Appeal any benefit sanctions or benefit underpayments.
- Activities will include a combination of face to face, telephone and advocacy support.

Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours

How to request this service

Non Statutory Intervention: ES – Finance / Benefit / Debt BCH.

Non Statutory Intervention Sub type: RC FBD Assessment and Action Planning.

Non Statutory Intervention Sub type: RC FBD Support – Low / Medium / High Intensity.

Follow full process on page 23 of this brochure.

FINANCE BENEFIT AND DEBT – MONEY MANAGEMENT SHORT PROGRAMME

Available for all offenders the four bitesize course modules seek to improve the overall financial awareness and resilience of its participants, helping them have a better understanding of how to manage their own finances and day to day budgeting. The course offers information and guidance with specialist brokerage of onward financial assistance if required. Delivered across Bedfordshire and Northamptonshire in the community. Availability subject to referral numbers in any one location.

Service Highlights

- Access to relevant benefit.
- Manage existing debt.
- Put together a budget plan which reflects their own circumstances.
- Apply for a bank account and relevant insurance.
- Plan for the future ahead.
- Receive their own finance, benefit and debt pack which includes template letters, budget plans, and basic advice for future use.

Duration

1 x 2 hour session

How to request this service

Non Statutory Intervention: ES – Finance Benefit and Debt BCH.

Non Statutory Intervention Sub Type: Community: Money Management Programme.

Follow full process on page 23 of this brochure.

WOMEN'S SUPPORT

This service uses trauma informed approach which focuses on working with women to help them stop re-offending, providing practical and emotional support whilst addressing the needs identified under the key pathways, enabling access to wider community support where needed. Service provision will be carried out in a women's only centres (or via outreach for women not suitable for attendance at the hub) where from the initial assessment the level of intensity will be agreed with the RO based on the area of need identified. Services are delivered in the community at one of our women's only hubs and can be used as part of RAR or licence activity however if requested support can start pre-release during the final 12 weeks in custody. Women's centres in Cambridge, Peterborough, Luton, Bedford, Northampton, and Stevenage.

Duration

Before choosing the level of intensity, it is recommended you instruct the assessment first.

Assessment	=	1 hour
Low Intensity Support	=	5 hours
Medium Intensity Support	=	10 hours
High Intensity Support	=	20 hours

How to request this service

Non Statutory Intervention: ES - Women BCH.

Non Statutory Intervention Sub Type: Women's Service Assessment and Action Planning.

Non Statutory Intervention Sub Type: Women's Service Low / Medium / High Intensity.

Follow full process on page 23 of this brochure.

Service Highlights

- Build their confidence, self-esteem and motivation in a safe, friendly environment.
- Help with managing money and debt.
- Support in finding suitable accommodation.
- Training in areas such as parenting and anger management.
- Signposting to specialist services that deal with substance misuse, sexual exploitation, domestic abuse, anxiety and depression.
- Access help with getting a job or accessing training and education.
- Support with personal development i.e. problem solving, confidence building and motivation.
- Advice on choosing and maintaining fulfilling relationships.
- Transition to mainstream services and/or mentoring support.
- Activities will include a combination of face to face, telephone and advocacy support.

CHILDREN AND FAMILIES, MAINTAINING FAMILY TIES

The family parenting service is a unique service designed to facilitate and build on communication between a service user and relevant family members. Family ties are key to reintegration and as such, this intervention is designed to support, preserve and sustain inter-family relationships and prevent relationship breakdowns. One to one support will be available with the option to move onto group programmes, where appropriate (with the consent of RO). Delivered in Bedford, Luton, Peterborough and Huntingdon Offices, and HMP Peterborough

Service Highlights

- Help service users develop child-centered parenting skills to improve outcomes for children, young people and families.
- Delivers family conferencing / mediation / mentoring where appropriate.
- Provide interventions which enable parents to keep in touch whilst in custody.
- Improved coping strategies and resilience when dealing with every day family challenges.
- Breaking the cycle of intergenerational offending within family units.

Duration

Before choosing the level of intensity, it is recommended you instruct the assessment first.

Assessment	=	up to 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours

How to request this service

Non Statutory Intervention: ES – Children and Families BCH.

Non Statutory Intervention Sub Type:
Family/Parenting Support Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Family/Parenting Support Low / Medium / High Intensity.

Follow full process on page 23 of this brochure.

WHO AM I? – CHILDREN & FAMILIES PROGRAMME

The Who Am I? Programme is a group programme that is suitable for male and female service users subject to RAR or licence. Within the context of their relationships with partners, children and other family members, it seeks to:

- Explore attitudes and values.
- Develop self-awareness.
- Reflect upon family & social networks.
- Recognise how behaviour affects the lives of family & others.

Following an initial one-to-one assessment, the five group sessions of approximately 2 hours duration will use a range of creative exercises to assist participants in drawing from the skills and abilities they demonstrate through the programme to shape and improve their family relationships. This is followed by a one to one goals planning session.

Sex offenders are not accepted onto this group, the one to one Families and Parenting Support Service should be used as an alternative intervention.

Delivered in Bedford, Luton, Peterborough and Huntingdon CRC Offices, and HMP Peterborough.

How to request this service

Non Statutory Intervention: ES – Children and Families BCH.

Non Statutory Intervention Sub Type: Who Am I? Programme.

Follow full process on page 23 of this brochure.

Service Highlights

- The group depends on the establishment of group dynamics, catch-up sessions can be arranged, however, all attendees must attend session one.
- Final goals and action are recorded on a goals plan which will be shared with the service user and responsible officer.

Duration

One assessment session,
5 x 2 hour group sessions,
and a post-group goals setting session
(7 sessions total).

PARENTING IN ACTION

The aim of this activity is to give dad's the opportunity to evaluate what the impact of adult behaviour is on children. The intervention aims to enhance existing skills and equip fathers to be pro social influences on their children.



8 x 1.5 hours.

Who is suitable for the Activity requirement?

This activity is aimed at Male service users who have children who would benefit from learning additional skills to add to their parenting tool kit to be the best parent they can be.

Activity requirement content:

This activity consists of 6 sessions:

- Where it all starts
- Expectations and dad skills
- More dad skills....
- Emotion management and our children's needs
- Communication + developing our relationships
- Putting it all together

Post activity requirement

Upon completion a plan of action will be agreed with the service users to assess future RAR activity.

Compliance

This activity is most effective when undertaken from start to finish activity. If sessions are missed they can be completed on the next available course as catch ups are not offered.

How to request this service

Non Statutory Intervention: ES – Other BCH.

Non Statutory Intervention Sub type: Parenting in Action.

Follow full process on page 23 of this brochure.

ATTITUDES, THINKING & BEHAVIOUR – BOLD MOVES – DOMESTIC ABUSE – SAFER RELATIONSHIPS

Safer relationships focuses on recognising problem behaviour, identifying the impact of this behaviour and developing strategies for behavioural change. The programme is for male perpetrators in custody and community who do not have a standalone IDAP/BBR condition and who want to end their abusive behaviour, as well as those experiencing relationship difficulties where conflict resolution techniques would help to improve their circumstances. Delivered across all Community Venues across BeNCH & HMP Peterborough. Availability subject to referral numbers in any one location.



10 session programme.

Service Highlights

- Partners and ex partners will be referred to the 4 local Corston women's services throughout BeNCH for move on support, same sex partners and ex partners will be offered similar support and safety planning sessions.
- Victims, partners and ex partners will be contacted and given support by local partners if required.
- Reduction of risk and needs relating to re-offending and RoSH.
- Post intervention summary will be shared with the participant and the NPS RO.
- Activity can be used as part of a RAR requirement.

How to request this service

Non Statutory Intervention: ES – Attitudes, Thinking and Behaviour BCH.

Non Statutory Intervention Sub Type: Domestic Abuse –Safer Relationships.

Follow full process on page 23 of this brochure.

BOLD MOVES – 360 EMOTIONAL CONTROL

The 360 Emotional Control Group is delivered in HMP Peterborough as well as full CRC Community coverage across Bench.

Delivery of the 360 EC programme, reduces aggressive behaviour and improves moral reasoning, teaches relaxation and anger reduction techniques.

This course is delivered in a group setting and also available as 1:1.



Service Highlights

- Benefit from expert practical programmes aimed at addressing various needs and challenging entrenched behaviours.
- Greater social inclusion and reduction of criminogenic needs.

Duration

6 x 2 hour sessions.

How to request this service

Non Statutory Intervention: ES – Other BCH.

Non Statutory Intervention Sub Type: 360 Emotional Control Programme.

Follow full process on page 23 of this brochure.

CHOICES

The ultimate aim of CHOICES is to: reduce risk by engaging and motivating, coaching, responding to individual needs, and building continuity.

The intervention aims to achieve this in four ways:

- Develop participants' thinking skills
- Coach participants to identify and manage their risk factors
- Coach participants to develop personally relevant protective factors
- Coach participants to achieve pro social goals.

Who is suitable for the activity requirement?

This is a General Offending Behaviour activity so is suitable for all Service Users who are able to engage in a group work setting and would benefit from developing thinking and goal setting skills.

Activity requirement content:

The RAR is divided into 8 sessions

1. Initial individual session
2. Knowing yourself/identity
3. Knowing yourself/identify part 2
4. Conduct and actions
5. Conduct and actions part 2
6. Dealing with the issues
7. Influences and interactions
8. Letting go and individual goal setting

Post activity requirement

All those who complete the RAR will have an action plan outlining goals to implement to reduce their risk of further offending. They will need support in supervision to implement their action plan part of which may include undertaking further RARs for which they will need to be booked onto.

Compliance

This works most effectively as a start to finish activity as several of the sessions are interlinked. Wherever possible if participants miss a session they will be instructed to start at the next appropriate session.



Duration

8 x 1.5 hours.

How to request this service

Non Statutory Intervention: ES – Other BCH.

Non Statutory Intervention Sub type: Choices.

Follow full process on page 23 of this brochure.

COMMUNITY SUPPORT (MENTORING)

Available for all service users, mentoring aims to provide a wraparound layer of additional support. The service user has been matched with a mentor who can offer practical advice and guidance on the day to day issues which may have prevented them from moving forward with their lives in a positive way. From the initial assessment the level of intensity will be agreed with the RO based on the area of need identified. Services are delivered in the community and can be used as part of RAR or licence activity however if requested support can start pre-release during the final 12 weeks in custody. A meet at the gate service is also available at as a standalone service using the NSI below.

Duration

Before choosing the level of intensity, it is recommended you instruct the assessment first.

Assessment	=	1 hour
Low Intensity Support	=	5 hours
Medium Intensity Support	=	10 hours
High Intensity Support	=	20 hours

How to request this service

Non Statutory Intervention: ES – Other BCH.

Non Statutory Intervention Sub Type:
Mentoring Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Mentoring Low / Medium / High Intensity.

Non Statutory Intervention Sub Type:
Mentoring: Meet at the gate.

Follow full process on page 23 of this brochure.

Benefit from regular meetings with a mentor.

- Assistance with relevant practical tasks such as form-filling, or preparation for interviews or examinations.
- Development life skills including timekeeping, budget management, good diet and hygiene, constructive use of leisure time.
- Offer of practical day to day support, travel, attendance at appointments, and promotion of resettlement support.
- Have access to in-reach custody support which enhances resettlement outcomes and transition through the gate, including gate pick up at HMP Chelmsford on agreement and assisting with immediate reporting requirements of their licence.
- Support and signposting in complex areas including healthcare, housing and benefit entitlements.

FEARLESS FUTURES – YOUNG ADULTS RAR

This RAR aims to start to ‘sow the seed’ for possible changes service users may like to make to their identity, social circle and the way they handle situations, enabling young people to step into their future with self confidence. It has a strength based and trauma informed approach and aims to encourage service users to look at what they have done well so far. The group sessions will provide service users with a tool kit so they can leave with some techniques to start implementing changes.

Who is suitable for the activity requirement?

This activity is aimed at under 25 year old service users.

Activity requirement content:

This activity consists of six sessions:

- Understanding Me and Future Goals
- Identity
- Relationships
- Managing Self
- Managing Difficult Situations
- Exit session

Post activity requirement

At the end of this RAR module service users should be assessed for suitability to commence additional specific RAR modules to address needs identified in the Justice Star and that have been highlighted from the Programme.

Compliance

This is a start to finish activity; you can catch up from one missed session. If further sessions are missed you will be permitted to start the activity at the same point on the next available group.

Duration

8 x 1.5 hours.

How to request this service

Non Statutory Intervention: ES – Other BCH.

Non Statutory Intervention Sub type: Fearless Futures – Young Persons.

Follow full process on page 23 of this brochure.

P.O.E.M

POEM is a four week, non-accredited group-based RAR intervention. It will run during the day at all delivery sites on a rolling four weekly basis. Sessions are 1.5 hours long, delivered by two facilitators. POEM covers:

- Problem solving/Reducing barriers/Goal setting
- Offence analysis/Victim empathy
- Emotion wellbeing/Communication
- Moral reasoning/Self esteem/Motivation

Who can attend POEM?

Anyone on your caseload with a RAR requirement who is available during the day can be signed up to attend POEM. One session counts as one RAR day. All four should be completed, but there are no catch-ups, so a service user will need to jump back on to another group to finish any sessions/he missed on his first attempt.

Post activity requirement:

Upon completion a plan of action will be agreed with the service users to assess future RAR activity.

Compliance

All four sessions should be completed, but there are no catch-ups, so a service user will need to join another group to finish any sessions missed on the first attempt.

Duration

8 x 1.5 hours.

How to request this service

Non Statutory Intervention: ES – Other BCH.

Non Statutory Intervention Sub type: Fearless Futures – Young Persons.

Follow full process on page 23 of this brochure.

REACTIV8 REACH FOR THE STARS

Reactiv8 has created a working philosophy that engages the aspirations of all, assisting them in identifying where they want to be and the importance of both setting and achieving goals. Reach for the Stars is a practical programme using British military training techniques coupled with educational material to help re-engage those at risk of social exclusion back into employment, education and/or training. The programme includes direct employment support and goal setting for those who need it. Suitable for males and females aged 18-24, the programme comprises nine sessions each lasting four hours. The programme runs between 10am-2pm on Saturdays in Bedford attendance centre, the programme can be used as part of a RAR or replacement to the Attendance Centre. Pick up from Bedford train station is available.

Duration

9 session programme (4 hours per session).

How to request this service

Non Statutory Intervention: ES – Other BCH.

Non Statutory Intervention Sub Type: Reach for the Stars – Assessment.

Non Statutory Intervention Sub Type: Reach for the Stars Programme.

Follow full process on page 23 of this brochure.

Service Highlights

- Builds service user's confidence, communication and cooperation which will have a lasting impact on their engagement with order requirements.
- Raises aspirations and challenges service users to take control of their future.
- Practical elements combined with theoretical learning mean this course is easy to engage with.
- Post intervention summary will be shared with the participant and the NPS RO.
- Activity can be used as part of a RAR requirement.

RESETTLEMENT MODULE

Available for all service users, the Resettlement module is a group session delivered to service users released from prison, to help support them in making realistic and meaningful goals for their resettlement into the community. It looks at the key relationships for people, to support their goals and strategies for working effectively with those people.

Duration

1 x 2 hour session.

Service Highlights

- Targets improved licence compliance by ensuring service users have accurate expectations of their post release supervision.
- Motivating service users to identify their own goals and strategies for a crime free life.
- Identifying the keys areas of support and how to gain the best access to this support.
- Referrals can be made prior to release at PD1 stage.

How to request this service

Non Statutory Intervention: ES – Other BOH.

Non Statutory Intervention Sub Type: Resettlement Module.

Follow full process on page 23 of this brochure.

NON STATUTORY INTERVENTION (NSI) PROCESS TO PURCHASE SERVICES

The process below can be followed for each of the services outlined in this brochure, with only the information highlighted in RED being different depending on the service. To find the specific information unique to each service, please see the 'how to request this service' section on each page. N.B All of the NSIs detailed in this brochure must be inputted via the Event List. If you have mistakenly gone in to the NSI screen through the Service user Index rather than the specific Event you'll notice the relevant options are not available.

Finally you will notice that some of the discretionary services have an assessment NSI, it is recommended that you instruct an assessment before choosing a level of service intensity. The assessment will then follow an agreement with the RO regarding next steps, duration of hours and expectations. Note this is a recommendation not mandatory requirement.

Any queries regarding service offer, eligibility and availability please contact:
bench.esnotifications@probation.sodexogov.co.uk

Non Statutory Intervention (NSI) Process

- Click onto Add NSI:
- NSI Provider: CPA BeNCH
- Non Statutory Intervention: **PLEASE SEE SPECIFIC SERVICE PAGE**
- Non Statutory Intervention Sub Type: **PLEASE SEE SPECIFIC SERVICE PAGE**
- Dates: Please add appropriate dates
- Your Provider: e.g NPS Beds/Cambs/Herts etc (NB as creating NSI and then will transfer to CRC – see below)
- Your Team: Please select as appropriate for your area e.g NPS Luton
- Your Name: Select your name
- Status: Referred
- Status Date & Time: Please add as appropriate
- Notes: Please add as much relevant detail about the risk profile, support required as necessary, including the priority and urgency. Please also detail further info on geographical location.
- Expected End Date: Please add as appropriate
- Actual End Date: Please leave blank
- Click Save and complete the following steps:

Transfer Request

The NSI you have added will appear in the List screen. Please follow the instructions below to actually transfer out the case to the CRC HUB. Click Request Transfer (on the right hand side of the created NSI) You will now be presented with a Consolidated Offender Transfer screen.

- Provider: CPA BeNCH
- Cluster: Leave unselected
- LDU: Leave unselected
- Team: CRC HUB ES Purchase
- Officer: Unallocated
- Click Transfer
- Choose External NSI Referral in the 'reason' box

CONTACT US



BeNCH CRC

bench.esnotifications@probation.sodexogov.co.uk
www.benchcrc.org.uk